

Abbreviated version of Newsletter for example only

Thank you to the LETS Member who pointed out that she felt like a naughty schoolgirl when she received a letter about her account being in deficit. The new-ish Member she traded with had the idea that her annual payment ran from year to year from when she joined and not on July 1st. The Transactions slips appeared to be invalid because the Member had a lapsed membership. Late payment means extra work for 4 people and costs! If anyone has a good idea on how we can get Members to pay on time i.e. by July 1st each year and not create a knock-on effect please let us know!

In answer to the questions “Does it matter?” and “Why can’t LETS be like it used to be in days of old?” the system was cosy and worked well at the time but is not efficient for these days. LETS now needs to run a website to provide information to the Community and to those Members with the internet. Those of you without internet access have everything posted to you. We have hundreds of hits on the website and it is very useful to be able to direct enquirers to it for more information than we can cover over the phone. LETS also needs a reliable income from Memberships and irregular payers make it difficult to budget and to know what is available to pay the bills. Those of you out there in LETS land who run your own businesses understand and appreciate these factors. Anyone who runs a household knows how hard it can be without a reliable income. The Committee try to make LETS run as smoothly as possible and your co-operation is much appreciated. While we can all forget or have to cope with illness there are some Members who are perennial bad payers, oddly enough it is the ones who have the most to gain from LETS Membership. I doubt anyone loves form filling but once a year can’t be too much to ask can it?

Here’s looking forward to a great and productive Summer and holiday season. We hope you all have a wonderful and relaxing Summer and come back to your school and work lives refreshed. **The Committee will take a break from Meetings in January and February and try to keep office work to a minimum. We’re still available for phone-calls and joining new Members and any urgent enquiries.**

FROM THE MINUTES – October Management Meeting.

Future Meeting dates are as follows : 21st Nov, 19th Dec, 19th March, 16th April, 21st May, 18th June, 16th July, 20th Aug, 17th Sept.

Market dates: will continue to alternate between Saturdays and Sundays. Tentative dates are in March, June, September, December with bookings to be made once Ruth has researched what else is on during the year. Please let her know if you are aware of any major events that would clash. New venues to be looked at also.

Three signatories are required for the cheques drawn on our BankSA account. Ruth has offered to replace Jean who has completed her time on the Committee.

Website: there were 200 hits during the last month.

There was a discussion on **debtors:** it was decided that letters would be written to offer Committee roles, and other LETS work to help the Members reduce their debt.

Secretary: Ruth accepted the role of Secretary temporarily in order to comply with the legalities of the Constitution. Jan had to withdraw for personal reasons.

If any Member has any query about the Minutes or contents thereof please contact the Chairperson.

For those of you who have been following the progress of “The Famous Five” here they are at 8 weeks!! The 6th one is the devoted Father they all take after. Only one has a sprinkling of Toulouse colour on the tail and wing feathers and just looks as if she’s been playing in the dirt...probably has! There is nothing they like more than a muddy puddle or a tub of water to play in. Lately as the nights are lighter they have started being reluctant to go to bed and play about just outside their door, pulling at feed bags, upsetting plant-pots, finding sticks to chew and just having that last drink of water....does it sound familiar? If there is a hose to stand on, a pot to upset, washing to pull off the line, seedlings to lie on or a tap to turn on they’ll be there right at the heart of the mischief. They’re a bit like the dog of the bird world but smarter than you’d believe possible. Hard to keep one step ahead sometimes but a constant delight and joy to be around. Happy days!

if you’re one of the lucky ones with a good crop of **broad beans and spinach** this year, try this for a lunch or bigger meal with some salads. It’s called ‘Growers jalouise’(lattice) or “Spinach and bean slice”.

Take **2 sheets frozen puff pastry** out of the freezer or make your own.

Sweat **a chopped onion and a bit of garlic** in butter or olive oil. Pick a fistful of silver beet or spinach, tear up and add to the above. Give the stalks to the chooks. Cook gently until wilted, put a lid on the pan and leave to cool.

Shell about half a kilo of **young broad beans** and put in the food processor. Whiz up with a handful of cheddar **cheese** cubes, cottage cheese or feta, a good glug of **olive oil** and salt and pepper. Add some **herbs**, parsley, garlic chives, basil or whatever you have growing. Process to a crumbly mixture or a paste, which would probably work well too. You can do this step in a pestle and mortar if you don’t like electric appliances.

Lay one sheet of thawed pastry on a baking sheet. Spread with a layer of broad bean mixture. Add the cooled spinach mixture. Cut the other sheet of pastry with parallel slits leaving a two finger width space at the edges. Place over the other sheet with the mixtures on it and press the edges together. You can seal with water but it’s seldom necessary. Bake at 180C for about 20- 25 minutes towards the top of the oven. Cool slightly so it’s easier to handle, slice into 4 or 6 pieces and serve. It’s good cold too for picnics or school lunches and a great recipe for kids to grow and make themselves. **Enjoy!**

Christmas Prezzie Solution!

DUKKAH - \$8 each

3 for \$20 (save \$4)

THE RUB (Spice Blends)

\$5 EACH

3 FOR - \$13 (save \$2)

5 - \$20 (save \$5)

This product is professionally made and packaged – see www.thistlebegood.com

100% barter or Cash

Available from Lets Markets or call 8556 6459, 0412 182 365 or email jacqui@thistlebegood.com

Based in Port Willunga

House-Sitting

- Security-wise
- Privacy respected at all times
- Your home and valued possessions cared for
- Pets a priority
- Price negotiable – can live in
- Excellent recent references

LETS No 590

Also Accomodation req. 3-4 days per Month

Sunday December 2nd

11-2

**Come along, bring the family
and friends.**

Plenty of Stalls

Refreshments, food, plants, gifts.

Enjoy meeting other Members for a relaxed and pleasant time out.

See you there!!!

For New Members

Welcome to those who have joined or rejoined since our last Newsletter. Please phone or ask another Member if you need any help with learning the ropes. The important thing is to start trading and you can do this before you have made any \$B if you need to. You can be in debt by up to \$B300. Most new Members prefer to do some work or trade first as they don't like the idea of being in debt and think it gives them a bad start.

Remember that you can change your offers at any time and add to them as you become more familiar with the system and what other Members need. If you find in the first few months that your offers are not being taken up you may like to phone and discuss this with us as it may mean there is not much demand for your services and you may need to add to them to earn your \$B. We like to do a skills inventory with you at the time of joining and hopefully will have worked out with you how much demand there will be for what you do. Some things are needed but not often and others we can never get enough of. There is always more demand for gardeners, handypersons, cleaners, window cleaners and car mechanics.

Part of being a LETS Member is spreading the word to others and passing on information about our system. You'll find that friends and relatives want to know about the new group you belong to and are enthusiastic about so it becomes part of life to talk about what LETS is about and how good it is to be using a barter system. If you require leaflets or flyers to give out to people you know just let us know and

we'll print some out for you. You can also refer them to this Website or suggest they phone 85562705 if they have questions you can't answer.

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Don't forget to check that you are trading with a financial Member with a current card. Call us on 85562705 or email letssouth@comstech.with with any queries and we will do our

best to help.

The Newsletter. Deadline for the next Newsletter will be 14th December for printing and circulation on 20th December. We are aiming to get all future Newsletters out around 20th of the Month. As the Newsletter Editor's proficiency is increasing slowly not so much time is required to put it together so all deadlines will be 14th of the Month. Let us have your comments, articles, adverts and profiles or anything else you think might be of interest.

Please note there be no Newsletters in January and February.

Good Wishes and greetings

Congratulations – to EW on the birth of her first Grandchild.

Welcome back to KP who has now left her old house and will be in her new abode in Willunga early next year. Great to have you back with uswe missed you even though you got to most of the Markets and visited, it just wasn't the same!

Good wishes to Jill for a speedy recovery from her operation and her life as a "new woman". Hope we see you back at the Markets again once you are well.

Our good wishes also to those of you who are about to have new babies. We hope all goes well and we look forward to seeing our newest LETS Members.

TheatreSports™ Workshops

It's a lot easier than you think.

Let's show you how!

TheatreSports™ involves making up stories and acting them out as you go along (as seen on "Whose Line Is It Anyway"). For some it's a stress release, for others it's a boost to their confidence, creativity, or spontaneity, but for all it's the joy of working with rather than against others and sharing a great belly laugh.

We start very gradually, breaking down inhibitions with laughter, building trust with support activities, and playing games to develop group story telling skills. Although rarely used, there is always the option to pass.

TheatreSports™ is a great personal development experience, but for many, it also becomes an inspiration to perform on stage. At the end of our Intro to Impro Course, there is a Family and Friends show which provides participants with the opportunity to perform in public if they you choose.

Jeff and Anne Simmons hold the International TheatreSports License for South Australia and Australian TheatreSports Coaching Certification. They have trained in Canada with Keith Johnstone (the creator of TheatreSports), in Sydney with Lynne Pierse (author of TheatreSports Down Under) and have been teaching improvisation since 2002.

Course 1:

Sat Nov 10 & 17

Time: 11am – 6pm
Location: St Margaret's Anglican Church Hall
(99 Main Rd McLaren Vale)
Cost: \$90 / LETS

Course 2: Sat April 12 & 19
Time: 11am – 6pm
Location: TBA – City venue
Cost: \$98 / LETS