



South

PO Box 535 Willunga SA 5172

Newsletter May 2009

This is an edited version for general information only

Your LETS South Committee for 2008/9

Chairperson, Webmaster, Complaints Resolution, Public Officer, Newsletter:

Richard Hughes

Treasurer: Barb Miller

Secretary: Elinor Weaver

Markets: organized by the Committee at present

Transactions, Resource Guide: Jayson Hay

Office, Memberships: Liz Hughes

Waldorf School Representative: Rodney Sharp

Publicity: Judith Lamb

Welcome to your May Newsletter. Firstly, it is important to note that we no longer use the Comstech email address due to its instability. Please therefore use the following according to the subject matter of your communication.

chairperson@letssouth.com

transactions@letssouth.com

secretary@letssouth.com

resources@letssouth.com

treasurer@letssouth.com

membership@letssouth.com

office@letssouth.com

liaison@letssouth.com

- Rep. for Waldorf Sch.

webmaster@letssouth.com

newsletter@letssouth.com

If you are unsure who to contact, email/ring the office.

Help save the earth..... Use email.

The next LETS Market is on 7 June and not the 2 June as previously stated.

Market Survey

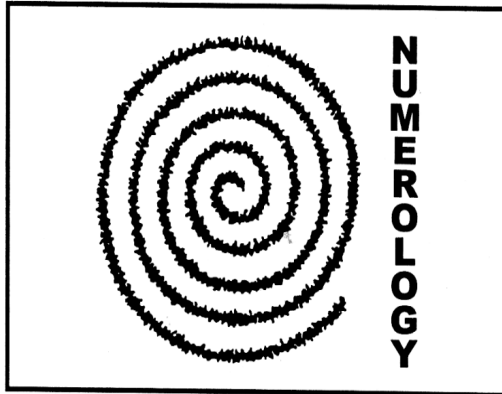
We were quite disappointed with the very small response to the market survey. As many of you would realise in order to improve and develop anything, the more input is required. That way the users own the decisions and therefore the event. I am very grateful to the Committee for completing their survey forms together with the other **5 members**. The results, although interesting are inconclusive. The results are as follows:

How Often	Which Day	What times	More types of Stall	Less Types of Stall	Live Entertainment	More Enjoyment of Markets Through	Regular attendance at Markets If No. Why not?
2 Nov/June	Sun	11-2	Home Produce. Art/crafts, Children's Toys	Junk	Yes – low key	Good sit n'eat area. Members get together. Changes of venue, Encourage better presentation of goods. A welcome from the Committee ie ring a bell at 11am – "Market open, enjoy". – So feel it's "ours"	Yes
4	Either	9-1	Plants, home-made jams	You can't restrict it. We all have some thing to offer.	Yes	Larger	2./4 I come when they don't clash with other events in my life
4	Alternately	10-2		None			Yes
3		11-3	Promos & demos and catering	Scruffy & poor quality	Yes	Separate seating area for drinks & snacks ie sandwiches	
2/3	Sun.	11-2	More variety – range of goods/services that LETS Members offer		Yes	Greater range of things available	Yes
	Sun.	11-2	Services		Yes	More people	Yes
4 or more pa	Either	Around lunchtime			Yes	Having time to get to them	No. Family/ Work comittment
4	Sat	9-4	Organic produce		Yes. Music always impresses		No. I go to Church on Sundays
4	Either	11-2			Yes	More Members	Yes
4	Sun	11-2	Food, crafts, plants		Yes	More stalls of greater variety, more members of the public and more LETS members, outside stalls (weather permitting) clowns, exhibitions & demos by LETS Members. More LETS Members participating actively with stalls & the above.	

Jacqui bought some 'delicious Sri Lankan chutney a few markets ago'. She would love more or the recipe. Would the creator/supplier please contact Jacqui MN 517. Many thanks

Anyone interested in a Pamper Evening or a DIY Evening, please contact Judith

Please note. Judith & Kevin have no access to email at present. If required, please contact them by either snail mail or phone.



NUMEROLOGY

Offers the individual an opportunity to access information on what basic gifts, attributes and challenges one has to work with.

It is an excellent catalyst, depicting with accuracy what our trials and tribulations are, how to face them, how to find acceptance with the tools that we have.

Numerology is an excellent medium to help the individual attain clarity about their life and the circumstances they are associated with.

TREAT YOURSELF!

Ring For An Appointment

Phone Maureen on 0421 921 574

100% **BARTER**

Did you know.....?

Research has shown that almonds actually lower blood cholesterol levels.

90 percent of the fats in almonds are unsaturated, and the nuts are high in protein, fibre, calcium, magnesium, potassium, vitamin E, and other antioxidants. Almonds also help to prevent osteoporosis and they regulate blood pressure too!

Thistle Be Good's dukkah is 50% almonds - so go ahead, eat more dukkah!

To place an advert in the Newsletter the rates are:

Full page \$B50

Half page \$B25

Quarter page \$B13

Eighth page \$B7

Any artwork or advert creation will attract an extra charge which is dependant upon time taken to complete.

Richard Hughes B.soc.sc (counselling)

MACA (Clinical) MSAPCA

Cert.IV Assessment & Workplace Training

Professional Counselling

○ Relationships ○ Parenting

○ Depression ○ Abuse ○ Grief and Loss

○ Self Esteem ○ Anxiety

Ph. 8556 2454/0409 28 22 11

Giving Your Life Direction

www.richardhughesandassociates.com

100% Barter MN.231

We are getting mail posted to the "Singing Cricket". Please note the postal address for LETS South remains unchanged at: **PO Box 535 Willunga SA 5172**

Help with floor cleaning I would love someone to clean our floors once a month, at Aldinga. They need to be swept (vacuumed) and mopped (sandstone tiles). A few things need to be moved before sweeping but nothing heavy. It will take approx 3 - 4 hours to do thoroughly. I **will pay \$25 LETS per hour**. Hope someone can help. Please contact Jacqui **MN 517**

Membership Matters.

Welcome to Lee, our newest Member. She is in Normanville and offering B&B for all Barter, plus a cash returnable deposit of \$100. This covers breakages and damage should they occur. She does the catering at the Normanville Surf Lifesaving Club from 6pm – 8pm and will feed you for \$B, just make yourself known. Lee is also offering organic seedlings and veggies and is hoping to have a stall at our next Market on June 7th.

Lee has belonged to several other LETS groups in town and we're now lucky enough to have her in our area. **Welcome Lee!**



~ what our very own LETS Members are doing!

Good to hear that two LETS South Members who have been unwell are now much better and in recovery...good wishes to you both.

Heard that our **Elinor** had a very restoring visit to India this year and is back refreshed and has got stuck into the solar provision system she has got moving in our area. Good work!

Congratulations to **Catherine and Tom** who are now in new employment. Some other envious LETS members have expressed the opinion that they have perfect jobs!! Tom is now doing Education and Training for Carers SA and Catherine is one of several LETS South Members caring on a regular basis for a well-known and loved Willunga personality.

The **Willunga Waldorf School** held a successful Autumn Fair and **twitter** was there to get some photos of people and events. Go to LETS South's very own blog at www.blogger.com, it's called, unsurprisingly, "**LETS South**". You might like to become a Follower so you can see the regular blogs, news and matters of interest. It will be up to date and back blogs held in the archives for you. If you have anything to contribute or bring to attention, please email membership@letssouth.com and it will appear in the twinkling of an eye. Thanks to Tom Laing for bringing Thomas Greco's website and blogs to our attention, also the pod cast from Radio NZ. It was an interesting interview with Thomas prior to his forthcoming visit to Australia. For those of you interested in the theory of **community currencies** this is for you.

Our **Honorary Member** was instrumental in introducing your Membership person to "The Little Cake Box" in Mount Compass last week. Have you been? It's starting to get good write ups and is serving fresh food and good coffee for all you good coffee fans out there. As they say "Life's too short to drink bad coffee". Also on that note, Mark Potter at "The 3 Monkeys" is one of the best baristas around and if you haven't bought a pot of his white anchovies yet you haven't lived! While neither of these businesses are LETS Members, LETS is still in the business of enabling and making good relationships with the community. However "**The Singing Cricket**" is a Member, receiving a complimentary Membership each year in appreciation for having the LETS South post box prominently displayed in their window. **They have yet to start trading so how about some suggestions for how they might do that, to their Committee?**